



Youth Learn to Play Hockey

APRIL 9-JUNE 5

Presented by Skate Frederick Hockey Director, Sylvain Cardin, and Instructor, Coach Ken Elliott

LEARN TO PLAY HOCKEY

Prepares children to play the exciting sport of Ice Hockey. USA Hockey certified instructors teach skating and hockey skills in small teacher to student ratios. Each program is 8-13 weeks long, can be repeated, and when successfully completed, will prepare the child for In-House league play.

Spring classes begin on Friday, April 9

LEARN TO PLAY HOCKEY teaches skaters the basic skills needed to play the game of ice hockey. This class will introduce basic skating techniques, stick handling, passing & shooting. This class combines learning with lots of fun and games.

Fridays-5:30-6:20 pm

Exception: NO class on May 28

LAST CLASS is Saturday, June 5 @ 10:00 am

IMPORTANT NOTE:

Students must have completed the Basic Hockey lesson program through the Skate Frederick Learn to Skate series or have the approval of the Hockey Director, Sylvain Cardin, to participate. A complimentary individualized evaluation of your skater by Sylvain may be arranged by calling him @ (301) 662-7362

Highlights:

- Boys & Girls ages 5-17
- 9 Ice Times
- 50 minute lessons

**ONLY
\$120**

Skate Frederick Hockey Director, **Sylvain Cardin**

- M.S. and PhD in Exercise Physiology
- B.S. Physical Education specializing in the preparation of the high level athlete
- Worked with Nashville Predators, Quebec Nordiques (now Colorado Avalanche), and Montreal Canadians
- Team South Coach of the prestigious Chicago Showcase
- Junior Goaltender
- 2001 Tennessee State "Coach of the Year"



To contact Sylvain, please call
(301) 662-7362 ext. 17.

Required Equipment -

Equipment Packages are available in the Pro Shop for \$139. Includes all necessary equipment except for skates. Rental skates are complementary each week. Helmet with cage, elbow pads, gloves, shin pads, stick and skates are required. An upgraded package is available. Please contact our Pro Shop for details.

*The Action's On The ICE...
BE THERE!!!*

**For more information, please call
Hockey Director, Sylvain Cardin
@ (301) 662-7362 ext. 17**



LEARN TO PLAY HOCKEY

Participant's Name: _____

Birthdate : ____ / ____ / ____ Age: _____

Address: _____

City _____ State _____ Zip _____

Phone:(____)____-_____

Parent's Name: _____

E-mail: (very important for communication!) _____



Payment Information:

Program Fee: \$110.00

Spring '10 In House: \$ 65.00

Check # _____

Cash _____

Visa/Mastercard

Exp. Date ____/____

LIABILITY RELEASE

In Consideration of the Participant being permitted to register and participate in ice hockey at Skate Frederick we do hereby forever release and discharge its Directors, Coaches, Agents, Employees and any person or corporation connected herewith from all manner of action, injury, damages, casts, claims or demands which we shall or may hereafter have, suffer or receive by reason of such participant in any program at the center. The release shall be binding on our heirs and assigns, executors, and administrators. It is further agreed that Skate Frederick shall not be considered to guarantee or warrant such equipment as may be used in conducting said ice skating activity. Skate Frederick, LLC reserves the right to use any pictures taken during the skating activity for advertising and or promotional purposes.

I have read and understand all the information presented in this brochure:

Parent/Guardian Signature _____ Date _____

Emergency Contact Information: (Other than Parent/Guardian)

Contact Name _____ Relationship _____ Phone (____) _____ - _____