

# 2010 Updated SUMMER FREESTYLE

**REVISED**  
7-28-10

**JULY 29nd – AUGUST 22nd**

*SCHEDULE IS SUBJECT TO CHANGE! Please watch for updates.*



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	<b>EXTRA SESSIONS</b> <u>AUG. 10</u> 9:00 am—12:00 pm <u>AUG. 17</u> 10:00 am-1:00pm <u>AUG. 24</u> 10:00 am-1:00pm	On-Ice <u>Jumps &amp; Spins</u> 2:15-2:45 pm			
<b><u>FREESTYLE</u></b> Aug. 2—Aug. 23 2:15 pm-4:15 pm * Flex Schedule <u>High Power Class</u> 4:15—4:45 pm <b><u>FREESTYLE</u></b> Aug. 2—Aug. 23 5:00 pm-6:30 pm * Flex Schedule <u>Developmental Power Class</u> 6:30—7:00 pm	<b><u>FREESTYLE</u></b> Aug. 3—Aug. 24 2:15 pm-4:15 pm * Flex Schedule <u>AUGUST 24</u> 2:00—4:00 pm <u>Off-Ice Jump Class</u> High : 4:30-5:00 pm Low : 5:30-6:00 pm <b><u>FREESTYLE</u></b> Aug. 3— Aug. 24 6:00 pm-7:30 pm * Flex Schedule <u>AUGUST 24</u> 5:30—7:00 pm	<b><u>FREESTYLE</u></b> Aug. 4— Aug. 25 2:15 pm-5:15 pm * Flex Schedule <u>AUG. 25 ONLY</u> 1:45—5:15 pm * Flex Schedule	<b><u>FREESTYLE</u></b> Aug. 5—Aug. 26 2:15 pm-4:45 pm * Flex Schedule <u>4:45 ICE CUT</u> <b><u>FREESTYLE</u></b> July 29—Aug. 26 5:00 pm-6:30 pm * Flex Schedule <u>Ice Dancing Class</u> 6:30—7:15 pm	<b><u>FREESTYLE</u></b> July 30—Aug. 27 2:15 pm-4:15 pm * Flex Schedule NO FREESTYLE August 27th	<b><u>FREESTYLE</u></b> July 31—Aug. 28 11:45 am-1:45 pm * Flex Schedule <u>AUG. 28 ONLY</u> 10:30-11:45 am * Flex Schedule



## FREESTYLE INFORMATION

**SKATERS MUST BE PRIVATE LESSON STUDENTS**

† **FLEX SCHEDULE :**

- † Skaters **MUST** purchase a minimum of 1 hour ice time on all freestyle work sessions.
- † Skaters start time may be purchased according to designated times in freestyle log book.
- † At no time may you split your 1 hour ice time between 2 work sessions.

### **FREESTYLE ICE ETIQUETTE**

Skaters shall adhere to all freestyle ice etiquette when skating. Ice etiquette is printed on back of freestyle schedule.

> Cost of Freestyle Sessions :

1 hour	\$12.00
1 1/2 hours	\$15.00
2 hours	\$18.00

> Questions or additional information, please call (301) 662-7362

**Freestyle schedule is always subject to change.**

